

ALEXANDER **ORTHOPAEDIC**  
ASSOCIATES



Dedicated to providing excellent

**Orthopedic and  
Musculoskeletal Care**

# Welcome to Alexander Orthopaedic Associates

From diagnosis to treatment to rehabilitation, the best patient experience begins with patient comfort. Extensive sub-specialty training, state-of-the-art facilities and leading-edge surgical techniques are the ingredients to the best surgical outcomes possible.

In 2002, Vladimir Alexander, M.D., founded our practice because he knew utilizing cutting edge technology and new advances in orthopedic surgery, he could create a better way to recover from orthopedic injuries.



Specializing in total joint replacements and sports medicine, Dr. Alexander developed the Alexander Outpatient Advantage, which allows our patients to recover in the comfort of their own home with world-class care from our mobile recovery team.

When a patient trusts us with their health and mobility, they rest assured knowing their treatment plan will be customized to their lifestyle needs and coupled with compassionate care. Our patients' results prove this methodology works. They experience fast recoveries, restoring their health and lifestyle.

# Our Specialties

- Orthopedic Surgery
- Sports Medicine
- Arthroscopic Surgery
- Shoulder and Knee Surgery
- Joint Replacement
- Fracture Management
- Hand, Wrist and Elbow Surgery
- Foot and Ankle Surgery
- Interventional Spine Care
- Spine Surgery



# Outpatient Surgery Centers

Our state-of-the-art SMARTCARE Surgery Center is conveniently located within our Palm Harbor medical complex.



## Palm Harbor

1325 Belcher Rd, Palm Harbor, FL 34683 | (727) 855-4500

## Physical Therapy

We offer a full line of rehabilitation services for our patients for various musculoskeletal problems, including pre- and post-operative therapy, total joint and spine rehabilitation, trauma rehabilitation, as well as dedicated hand, foot, and ankle therapy.

## Magnetic Resonance Imaging (MRI)

At Alexander Orthopaedics, we have an on-site, open MRI to provide an easily accessible option, so our patients don't have to travel to another location to get the images they need for diagnosis.

## Bone Densitometry

We also offer on-site DEXA (Dual Energy X-Ray Absorptiometry) scans. These scans use an enhanced form of x-ray technology to measure bone loss. DEXA scans are commonly used to diagnose osteoporosis and can also assess a patient's risk for developing fractures.

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## Insurance Information

We take most commercial health insurance policies, Medicare, worker's compensation, and auto insurance.



# Meet the Physicians



## Vladimir Alexander, M.D.

Dr. Vladimir Alexander is the founding partner of Alexander Orthopaedic Associates and has nearly two decades of experience in orthopedic surgery. He specializes in disorders of the shoulder, hip, and knee.

His passion for creating the best possible patient experience led him to become one of the few surgeons in the country to successfully perform outpatient total joint replacements and Birmingham Hip Resurfacing surgeries. Dr. Alexander has been serving the Tampa Bay community for over twenty years and is committed to providing the best orthopedic care available.

### DOCTOR OF MEDICINE

Ohio State University College of Medicine

### RESIDENCY

Mount Sinai Medical Center, Cleveland, Ohio

University of Alabama, Birmingham, Alabama

### FELLOWSHIP

Cleveland Orthopedic & Spine Hospital, Cleveland Clinic Foundation



## Daniel Penello, M.D., M.B.A.

Dr. Daniel Penello has served the Tampa Bay community for over a decade, helping patients with complex disorders of the hand, wrist, and elbow.

### **DOCTOR OF MEDICINE**

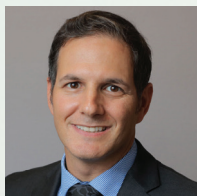
University of Toronto

### **RESIDENCY**

University of Toronto

### **FELLOWSHIP**

Cleveland Clinic Combined Hand & Upper Extremity Fellowship



## Adam Perler, D.P.M., F.A.C.F.A.S.

Dr. Adam Perler's core focus is on Sports and Dance medicine, advanced adult reconstruction, total ankle joint replacement, and pediatric foot and ankle disorders.

### **DOCTOR OF MEDICINE**

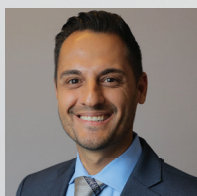
Rosalind Franklin School of Podiatric Medicine

### **RESIDENCY**

Palmetto General Hospital

### **FELLOWSHIP**

Ilizarov Fellowship, Russian Federation



## Ali Zahrai, M.D., MSc, FRCSC

Dr. Zahrai specializes in robotic and minimally invasive spine surgery focused on disorders of the cervical, thoracic and lumbar spine.

### **DOCTOR OF MEDICINE**

University of Manitoba

### **RESIDENCY**

University of Toronto

### **FELLOWSHIP**

Emory University



## Jennifer Swaringen, M.D.

Dr. Jennifer Swaringen specializes in arthroscopic surgery of the shoulder, hip and knee, as well as total knee replacement.

### **DOCTOR OF MEDICINE**

Emory University College of Medicine

### **RESIDENCY**

University of Michigan

### **FELLOWSHIP**

Minnesota Orthopaedic Sports Medicine Institute



## Thomas E. Odmark, M.D.

Dr. Thomas Odmark's specializes in foot and ankle care including trauma and fracture, arthritis and diabetes disease care, reconstructive surgery, and total ankle replacement.

### **DOCTOR OF MEDICINE**

Emory University College of Medicine

### **RESIDENCY**

Orthopaedic Surgery, University of Cincinnati

### **FELLOWSHIP**

Foot and Ankle Fellowship, Lonestar Orthopaedics



## Scott Vizzi, M.D.

Dr. Scott Vizzi is focused on arthroscopic and total joint procedures for shoulder, hip, and knee disorders.

### **DOCTOR OF MEDICINE**

Sidney Kimmel College of Medicine, Philadelphia University

### **RESIDENCY**

University of Kansas Medical Center

### **FELLOWSHIP**

Orthopedic Research of Virginia



## Charles Nalley, M.D.

Dr. Charles Nalley specializes in operative and non-operative treatment of the spine, and surgical interests include robotic and computer navigated spine surgery.

### **DOCTOR OF MEDICINE**

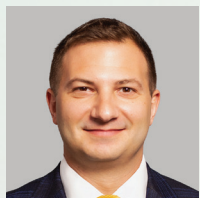
University of Arkansas for Medical Sciences

### **RESIDENCY**

University of South Florida

### **FELLOWSHIP**

Texas Back Institute



## Jonathan Dattilo, M.D.

Dr. Jonathan Dattilo specializes in hip and knee joint replacement surgery. He has special surgical expertise in minimally-invasive surgery and anterior total hip replacement.

### **DOCTOR OF MEDICINE**

Johns Hopkins University

### **RESIDENCY**

University of Pennsylvania

### **FELLOWSHIP**

Anderson Orthopaedic Research Institute



## Adam Kopiec, M.D.

Dr. Adam Kopiec is fellowship-trained in the diagnosis and management of orthopedic disorders of the hand, shoulder and elbow.

### **DOCTOR OF MEDICINE**

Rosalind Franklin University of Medicine and Science,  
Chicago Medical School

### **RESIDENCY**

University of Kansas Medical Center

### **FELLOWSHIP**

Orthopedic Research of Virginia





## John Constantino, D.P.M.

Dr. John Constantino, DPM AACFAS is a skilled foot and ankle surgeon with a strong background in elective reconstructive surgery, sports medicine and trauma.

### **DOCTOR OF MEDICINE**

Des Moines University

### **RESIDENCY**

Mount Auburn Hospital

### **FELLOWSHIP**

Clinical Fellow in Surgery, Harvard Medical School

Innovative Foot and Ankle Surgery Fellowship, Alexander Orthopaedic Associates

# Meet the Physician Assistants



## Jennifer Khonsari, P.A.-C, M.S.

Jennifer has over 20 years of experience, a master's degree in orthopedic surgery, and certifications in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS). With expertise in joint replacement, sports medicine, and trauma, she provides exceptional to every patient care from diagnosis through the treatment plan, with every patient she sees.



## Janelle Dudley, P.A.-C, M.S.

Janelle holds a master's degree in physician assistant sciences, certifications in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS), and has an extensive background in physical medicine and rehabilitation.



## Lindsay Duquette, P.A.-C, M.S.

Lindsay has a master's degree in clinical medical science, certifications in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS), and is an active member of the American Academy of Physician Assistants.



## Lindsey Rice, PA-C, M.S.

Lindsey has an extensive background in general, vascular and orthopedic surgery, including a master's degree in medical science. She is also certified in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS).



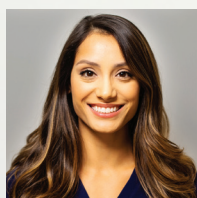
## Meredith Mitchell, NP-C, MSN

Meredith has over 10 years of nursing experience heavily concentrated in orthopedic, trauma, general med-surgical, and emergency services, including a Master's degree in nursing. She is certified in Advanced Cardiac Life Support (ACLS), Basic Life Support (BLS), and is a member of the American Academy of Nurse Practitioners.



## Blakeley Burleson PA-C, MS

Blakeley has worked in orthopedic surgery since obtaining her master's degree in medical science in 2017. She joined our practice in 2021. She is also certified in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS). Blakeley finds joy and fulfillment in being a part of a team and encouraging patients through their rehabilitation process.



## Kiarra Corless PA-C, MMS

Kiarra attended Florida State University for her bachelor's in Exercise Science and earned her Master of Medical Sciences degree from Wake Forest School of Medicine. Prior to completing her Physician Assistant degree she was employed as a certified nursing assistant in inpatient surgical orthopedics. She holds her certifications in Advanced Cardiac Life Support and Basic Life Support. Kiarra is a Florida native and is fluent in English and Spanish.

# Alexander Outpatient Advantage



## Superior Comprehensive Orthopedic Care

Our three state-of-the-art facilities offer diagnostic and rehabilitative services on site, and our mobile recovery team helps patients recover at home. This pairing allows us to offer best-in-class comprehensive orthopedic care for patients.



**Recovery starts now.  
Scan to request an appointment.**

**(727) 547-4700 • [alexanderorthopaedics.com](http://alexanderorthopaedics.com)**

**Available for view and download on our  
Website and LinkedIn**

### St. Petersburg

2438 Dr M.L.K. Jr St N  
St. Petersburg, FL  
33704

### Largo

12416 66th St N  
Suite A  
Largo, FL  
33773

### Trinity

2114 Seven Springs Blvd  
Suite 250  
New Port Richey, FL  
34655

### Palm Harbor

1325 Belcher Rd  
Palm Harbor, FL  
34683