

Alexander Orthopaedic Associates

MVA / Pedestrian Accident Form

Please complete this form in addition to principle intake if your visit is in relation to an accident.

Patient Name: _____

Today's Date: ____ / ____ / ____

DOB: ____ / ____ / ____

Date of Accident: ____ / ____ / ____

Please complete all fields. If it does not apply, please mark N/A

Were you the: driver / passenger / pedestrian

Were you struck from: behind / front / drivers side / passenger side / other

Did another car stike yours? Yes / No

Did your car strike another car? Yes / No

Were you wearing your seatbelt? Yes / No

Was a citation issued to you? Yes / No

Did airbags deploy? Yes / No

Did you go to the hospital? Yes / No

By Ambulance? Yes / No / N/A

Did you lose consciousness? Yes / No / I don't recall

What part of the body did you injure? (Please specify right or left)

Please circle the symptoms you've been experiencing since this accident.

Headache
Neck Pain
Neck Stiffness
Dizziness
Back Pain
Back Stiffness
Nervousness
Chest Pain
Sleep Disruption

Tingling in Arms
Tingling in Legs
Numbness in Toes
Numbness in Fingers
Shortness of Breath
Fatigue
Light Sensitivity
Loss of Memory
Ringing Ears

Buzzing in Ears
Loss of Balance
Fainting
Diarrhea
Stomach Upset
Constipation
Cold Sweats
Fever
Other

What is your chief complaint today?

Have you been treated for this accident? Yes / No

If yes, by whom? (list all doctors, physical therapists, Hospital ER, etc.)

Are you taking any medications for this injury? Please list.

Have you had any diagnostic testing for this injury? (MRI, CT, X-Ray) Please indicate facility and date.

Rate your pain by circling the number that best describes your pain at it's worst

No pain - 0 1 2 3 4 5 6 7 8 9 10 - Pain as bad as you can imagine

Rate your pain by circling the number that best describes your pain on average

No pain - 0 1 2 3 4 5 6 7 8 9 10 - Pain as bad as you can imagine

What makes your pain better?

What makes your pain worse?

Have you missed work? Please list dates

Is your condition preventing you from participating in certain activities? Yes / No - Please list.

Have you had any previous injuries not related to this accident? (Previous auto accidents, fractures, surgeries, etc.) Please list the year.

Alexander Orthopaedic Associates

12416 66th Street North, Suite A, Largo, FL 33773

2438 Dr. ML King Jr. Street N St. Petersburg, FL 33704

2114 Seven Springs Blvd., Ste 250 New Port Richey FL 34655

1325 Belcher Road, Suite A Palm Harbor, FL 34683

5911 North Honore Ave., Unit 120 Sarasota. FL 34243

(P) 727-547-4700 (F) 727-394-8661

Dear New Patient:

It is our understanding that you have come to our medical practice for medical treatment as a result of traumatic injuries you sustained.

You may have health insurance coverage which you use for your traditional medical care. Unfortunately, the type of medical care you will require from our facility does not usually line up with the contractual requirements of your health insurance policy.

For example, under most insurance plans we are required to collect, at the time of service, any and all co-payments, deductibles and/or patient responsibility payments. Also, many of the services provided by our facility are not covered by private health insurance or government insurance plans.

Additionally, traditional health insurance coverage often requires authorizations for treatment which may delay our diagnosis of your painful traumatic injuries and may delay our ability to secure the appropriate and medically necessary diagnostic testing quickly and efficiently. This causes a delay in our ability to diagnose your painful injuries so they can be rapidly addressed, treated and hopefully relieved.

There are many other issues that traditional health insurance coverage does not effectively address when treating traumatic injuries that your physician and our staff will be glad to address.

By signing below, you are waiving the use of your health insurance benefits to avoid the above occurrences and to allow our medical practice to treat you in a timely and efficient manner.

We have an alternative payment arrangement that will allow you to defer payments on your medical charges and make it easier for you to handle and prepare for this unexpected financial situation.

We are more than willing to answer any and all questions you may have before you sign this document. You also have the opportunity to have this document reviewed by an attorney of your choosing prior to signing same.

By signing below, you are affirming that you do not wish to use any health insurance benefits that you may have and that all of your questions have been answered satisfactorily by the medical practice.

I _____ hereby waive my health insurance benefits and I wish to be seen and treated by this medical practice through an alternate payment arrangement.

Patient Name Printed: _____

Patient/Legal Guardian Signature: _____

Relationship to Patient: _____

Date: _____

Alexander Orthopaedic Associates

12416 66th Street North, Suite A, Largo, FL 33773
2438 Dr. ML King Jr. Street N St. Petersburg, FL 33704
2114 Seven Springs Blvd., Ste 250 New Port Richey FL 34655
1325 Belcher Road, Suite A Palm Harbor, FL 34683
5911 North Honore Ave., Unit 120 Sarasota. FL 34243
(P) 727-547-4700 (F) 727-394-8661

Assignment of Benefits

PATIENT: _____

I, the undersigned Patient, have and do assign any and all rights and benefits of insurance of any and all applicable personal injury protection to Alexander Medical Group, LLC dba Alexander Orthopaedic Associates (Alexander Orthopaedic Associates) for services and/or supplies rendered for the treatment of personal injuries I sustained on _____ date in accordance with Florida Statute 627.736.

This Assignment includes, but is not limited to, all rights to collect benefits directly from the insurance company for services that I have received and all rights to proceed against the insurance company obligated to provide benefits including legal suit if for any reason the insurance company fails to make payments of benefits which I am due. Specifically, this assignment includes the right to collect payment for the reasonable costs connected with copying and mailing records to the insurer at the insurers request and in accordance with Florida Statute 627.737. This Assignment also includes any right to recover attorney's fees and costs for such action brought by the provider as Patient's assignee. I agree that Alexander Orthopaedic Associates, may select any attorney of their choice and understand and agree that the attorney selected by them may be different than the attorney that may be handling any personal injury/bodily injury claim I may have.

I hereby instruct the insurance carrier that, in the event the subject medical benefits are disputed for any reason, including medical relatedness, reasonableness, and/or necessity, that the amount of benefits claimed by Alexander Orthopaedic Associates will be set aside and not disbursed until the dispute is resolved. As part of this assignment of rights and benefits, I further instruct the insurance carrier to notify the provider immediately of any dispute as to payment so that they may exercise their legal rights. I have read the information herein and it is true to the best of my knowledge and belief.

Patient Name Printed: _____

Patient/Legal Guardian Signature: _____

Relationship to Patient: _____

Date: _____

Alexander Orthopaedic Associates

12416 66th Street North, Suite A, Largo, FL 33773
2438 Dr. ML King Jr. Street N St. Petersburg, FL 33704
2114 Seven Springs Blvd., Ste 250 New Port Richey FL 34655
1325 Belcher Road, Suite A Palm Harbor, FL 34683
5911 North Honore Ave., Unit 120 Sarasota. FL 34243
(P) 727-547-4700 (F) 727-394-8661

DEFERRED PAYMENT AGREEMENT (DPA):

1. Alexander Medical Group, LLC dba Alexander Orthopaedic Associates (hereinafter "Practice") hereby agrees to provide medically necessary care and treatment to the above patient based upon the terms and conditions of this agreement.
2. I _____, (hereinafter referred to as "Patient") do not currently have health insurance coverage or I do have health insurance coverage, however, I do not want to nor do I currently have the ability to comply with the contractual requirements for the use of those benefits, by timely paying the required out-of-pocket costs, co-pays, deductibles, and/or any other forms of patient responsibilities required by my policy. As a result, I have requested and been granted an alternative payment arrangement with the Practice.
3. The Practice agrees to provide the medically necessary medical care and treatment and to bill me at their usual and customary rate.
4. Based upon this agreement the Practice will defer collection of these medical bills as set out below.
5. I understand and agree that I am personally responsible for any and all medical charges billed by the Practice for my treatment and that if at any time, I default on this obligation, I am subject to a collection action and/or civil litigation instituted by the Practice to recover the above medical debt. My obligations under this Agreement stand alone and are not subject to any other contingency or occurrence.
6. I understand that I have the right to request, in writing (the form will be provided by the practice upon request), an estimate of medical charges to be incurred prior to undergoing any treatment or procedure at the Practice.
7. If I have retained an attorney, I request and direct the Practice to follow my direction that any and all medical records, cost estimates for medical care and treatment and/or the actual medical billings for services provided be sent directly to his/her office so that I may consult and seek their counsel throughout my medical care and treatment.
8. The Practice agrees to defer the collection on any billings provided to me for 24 months from the date of my first medical treatment without interest.

If my medical debt remains due and owing at the conclusion of that time period, I agree to pay 5% Annual Percentage Rate (hereinafter referred to as "APR") on the incurred medical debt for the third year the debt is due and owing.

I further agree to pay an additional 5% APR for each additional year the debt remains outstanding up to five years from the date of my first treatment at the Practice or a maximum of 15% interest APR. The above interest shall be compounded annually.

At the conclusion of the five-year period, unless I have negotiated a payment agreement with the Practice, collection proceedings and/or civil litigation shall begin for the recovery of the entirety of the medical debt and associated interest that remains outstanding.

9. I, the Patient, enter into this Agreement freely and voluntarily. I have had an opportunity to ask any and all questions of the Practice and I have been provided with satisfactory responses to those questions.
10. Additionally, I have had an opportunity to have this Agreement reviewed by an attorney of my choice prior to signing it.

Patient Name Printed:

Practice Representative:

Patient/Legal Guardian Signature:

Employee Name: _____

Relationship to Patient: _____

Employee Signature: _____

Date: _____

Date: _____

Alexander Orthopaedic Associates

New Patient Information:

Patient Name: _____ Date: _____
Social Security # _____ Date of Birth: _____
Please circle: M or F Race: _____ Language _____
Ethnicity _____ Single Married Divorced Widowed
Primary Home Address: _____
City: _____ State: _____ Zip Code: _____
Occupation: _____ Employer: _____
Home Phone: _____ Work Phone: _____
Cell Phone: _____ Email: _____

Secondary Home Address: - _____
City: _____ State: _____ Zip Code: _____

Primary Care Physician: _____ Phone#: _____

EMERGENCY CONTACTS:

Name: _____ Phone: _____ Relationship: _____
Name: _____ Phone: _____ Relationship: _____
If you have a spouse:
Name: _____ Date of Birth: _____
Social Security # _____ Employer: _____
Cell Phone: _____ Work Phone: _____

INSURANCE INFORMATION

Primary Insurance: _____ Effective Date: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Telephone # _____
Name of Insured: _____ Relationship to patient: _____
ID # _____ Group # _____
Subscribers SS#: _____ Subscribers DOB: _____
Please Circle: **HMO** **PPO** **Other**

Secondary Insurance: _____ Effective Date: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Telephone # _____
Name of Insured: _____ Relationship to patient: _____
ID # _____ Group # _____
Subscribers SS#: _____ Subscribers DOB: _____
Please Circle: **HMO** **PPO** **Other**

Did your injury occur at work? (Please circle) **Yes** **No** if yes, Date of injury _____
Is your injury from an auto accident? (Please circle) **Yes** **No** if yes, Date of injury _____
Are you being represented by an attorney? (Please circle) **Yes** **No**
if yes, Name of attorney _____ Phone # _____



ALEXANDER**ORTHOPAEDIC**ASSOC.

Alexander Orthopaedic Associates Disclosure of Policies

Financial Policy:

Alexander Orthopaedic Associates participates with many forms of health insurance, such as HMO's, PPO's, Workman's Compensation and Medicare. However, few insurance carriers cover all medical costs and a balance on your account may result from co-payments, co-insurance, deductibles, or non-covered services. The patient is responsible for full payment of any and all balances deemed "patient responsibility" by their insurance carrier. We will file medical insurance claims as a courtesy to our patients.

Motor Vehicle and Worker's Compensation: In order for our office to submit your claims for you, you must provide us with the following information: insurance company name, address and telephone number, as well as your claim number, date of accident and claims adjuster's name. In the event that your insurance denies or terminates your benefits, you will be responsible for full payment for services rendered. Please note for all Workers' Compensation patients, your initial appointment must be scheduled by your nurse case manager or Worker's Compensation adjustor. Authorization must be received prior to the initial office visit. Motor Vehicle patients, please note prior to your initial office visit your auto benefits must be confirmed and verified by our office.

Payment Policy:

All co-payments, co-insurance, and deductibles are paid at the time of service to help control costs of medical care. Payments may be made by cash, check, Visa, MasterCard, American Express, and Discover. For larger amounts, such as surgical fees not covered by insurance, AOA will work with you to arrange a payment plan. Self pay patients and Surgical Pre-pay patient's payments will only be accepted via credit card, cash payment, and/or money orders.

Treatment of Patients:

Throughout your treatment at AOA, the medical providers may order diagnostic testing to help determine your diagnosis or create a better treatment plan for you, the patient. These tests include lab work, x-rays, MRI's, CT scans, Bone Scan's, etc. Failure to schedule or obtain the recommended diagnostic studies in a timely manner or to schedule a follow up appointment to review the diagnostic tests in a timely manner; will constitute as a breach of our recommendations and is Against Medical Advice (AMA). Therefore, AOA employees and medical providers will not be held responsible for lack of patient responsibility and purposeful disregard of our medical recommendations. Non-compliance may result in an adverse complication to the patient's medical result/ outcome.

Alexander Orthopaedic Associates notifies you that our providers may be involved in education, research, development and/ or consulting with regards to Orthopaedic products and the Orthopaedic industry; therefore the providers may benefit directly or indirectly from such educational, research, development and/ or consulting relationships. This will not conflict with the best interest of the patient and/or their medical condition/ diagnoses.

Alexander Orthopaedic Associates notifies you that some or all providers may or may not carry Medical Malpractice Insurance.

**AUTHORIZATION FOR
RELEASE OF
CONFIDENTIAL INFORMATION**
(PURSUANT TO 45.C.F.R.164.508)
(T) 727-547-4700 (F) 727-394-8661

Patient Name: _____ DOB: _____
Last 4 digits of Social Security Number: _____ MR#: _____
Patient Phone Number: _____ (Personnel to Fill out)

I authorize to release **medical, psychiatric, alcohol and/or drug abuse, HIV testing, ARC and/or AIDS diagnosis, eating disorder information** or any other medical records of a sensitive nature:(Pursuant to 42.C.F.R.2.31)

This will authorize: _____ **(Name of facility/entity to provide records)**

To Release To:

To Release To:

Alexander Orthopaedic Associates
12416 66th Street No Suite A
Largo, FL. 33773

For the purpose of _____

Please disclose the exact information selected below:

Entire Medical Record, excluding _____

Date(s) of Service: _____

Check all that apply:

____ Laboratory Reports
____ Radiology Reports
____ Progress Notes
____ Physician Orders
____ Nurses Notes

____ Medication Sheets
____ Facesheet
____ History and Physical
____ Discharge Summary
____ Consultations

____ Operative Reports
____ Pathology
____ Emergency Report
____ EKG Report
____ Other (Specify): _____

Note: X-ray films must be obtained from Radiology Dept.

To be completed by the patient or personal representative:

I hereby authorize the use or disclosure of my protected health information as described above.

This authorization is voluntary. I understand that ability to obtain treatment will not be affected if I do not sign the form, unless that treatment is for a fitness-for-duty evaluation or a research-related treatment.

I understand that if the organization authorized to receive the information is not required to comply with the federal privacy protection regulations, then such information may be re-disclosed and will no longer be protected.

I understand that I have a right to revoke this authorization by sending written notifications to:

Alexander Orthopaedic Associates 12416 66th Street No Suite A Largo, FL. 33773

Any revocation will not affect disclosures made prior to Alexander Orthopaedic Associates receipt or knowledge of the revocation.

I understand that I have a right to inspect and receive a copy of the information described on this form.

Signature of patient or patient's representative/Power of Attorney _____

Printed name of patient's representative/Power of Attorney _____

Relationship to the patient:

Date: _____

Expiration Date of this Authorization: **One Year**

Alexander Orthopaedic Associates
Patient Authorization Form

HIPAA Privacy Notice

I have received and read a copy of Alexander Orthopaedic Associates Notice of Privacy Practices (Notice).

*By initialing I have read and understand the above*_____

Authorization to Release Information

I consent to the use or disclosure of my protected health information by Alexander Orthopaedic Associates (AOA) for the purpose of diagnosing or providing treatment to me, obtaining payment for my Health care bills or to conduct health care operations of AOA. As mentioned in (sections I, II, III, V) of the Notice.

*By initialing I have read and understand the above*_____

AOA Disclosures

I acknowledge that I have been notified that some or all of the providers at AOA may or may not carry Medical Malpractice Insurance. I also acknowledge that I have been notified that the providers at AOA may be involved in education, research, development, and/ or consulting with regards to Orthopaedic products and the Orthopaedic industry; therefore, the providers may benefit directly or indirectly from such educational, research, development, and or consulting relationships. The above does not conflict with my best interest as a patient at AOA. I desire to enter into a doctor-patient relationship with a provider at AOA. As mentioned in (section VI) the Notice.

*By initialing I have read and understand the above*_____

Financial Agreement & Payment Policy

I understand that I am financially responsible for services rendered by AOA providers. I also understand that few insurance carriers cover all costs for services rendered. AOA will submit claims to your insurance carrier. I will be responsible for the balance on my account that my insurance company does not cover. I will pay any co-payments, co-insurance, and deductibles at the time of service at AOA. As mentioned in (section VII, VIII) in the Notice.

*By initialing I have read and understand the above*_____

Authorization for treatment

Throughout your treatment at AOA the medical providers may order diagnostic testing (lab work, bone scan's, x-rays, MRI's, CT scans... etc) that will help determine your diagnosis and future treatment. Failure to schedule or obtain the recommended diagnostic studies or failure to schedule a follow up visit in a timely manner to review the diagnostic studies and discuss the results will constitute as a breach of our recommendations. AOA employees and medical providers will not be held accountable for your lack of responsibility and purposeful disregard of our medical recommendations. As mentioned in (section IX) in the Notice.

*By initialing I have read and understand the above*_____

I hereby authorize the medical staff of AOA to render medical services and treatments as deemed necessary. I understand that failure to comply with our medical recommendations is against medical advice. (AMA)

*By initialing I have read and understand the above*_____

By signing, I have read, understand and agree to comply with AOA policies so noted in the Notice of Privacy Practices (Notice).

Signature _____ Date _____

Printed Name _____

If patient is a minor (under 18):

Minor's Name _____ Guardian's Name (printed) _____

Signature _____ Relationship _____ Date _____

Consent for the Release of Protected Health Information to Personal Representatives

I, _____, give my written consent for Alexander Orthopaedic Associates to share information regarding my protected health information and care to the following listed persons: I understand that these persons will be treated as personal representatives of myself.

Personal Representatives that Alexander Orthopaedic Associates may share my Protected Health Information with:

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

_____ Do not discuss my Protected Health Information with anyone other than myself at any time.

Alexander Orthopaedic Associates may leave a message:

At Home _____ At Work _____

Patients' Signature _____ Date: _____

Alexander Orthopaedic Associates
Form Fee Agreement

Please note: The completion of informational/insurance forms represents an administrative service to our patients above and beyond the provision of medical care. Recent changes in health care have resulted in the tremendous increase in the volume of information requests to our practice. The time and effort involved in providing this detailed information results in significant costs, especially when multiplied over the large number of patients our practice serves. The refusal of insurance companies and requesting agencies to cover the costs requires us to institute a policy of charges for the completion of the forms as follows:

NO Charge:

- Workers Compensation requested Disability and Work Status forms
- Auto Insurance Carrier requests for Work Status and Treatment Plans

\$15.00:

- Disabled Parking Applications

\$35.00/ form:

- Credit Card deferment forms
- Private Disability Insurance Forms
- School Educational Disability or Limitation Forms

\$35.00/form

- Family Medical Leave Act (FMLA) forms

\$150.00- \$300.00

- For completion of any dictated letter describing medical care and limitations
- For any narrative report detailing diagnosis, treatment, and future medical care including work capacity statements. Functional Capacity Evaluation testing may be necessary prior to, or in addition to the narrative report. The fee for the FCE test is determined by the facility that the testing is completed at.

I have read and understand the above. By signing I agree to comply with the Form Fee policy of AOA. Fees subject to change without notice.

Patient Name (printed)

Signature

Date

Alexander Orthopaedic Associates

12416 66th Street North, Largo, FL 33773
2438 9th Street North, Ste. A St. Petersburg, FL 33704
2114 Seven Springs Blvd. New Port Richey, FL 34655
1325 Belcher Road Palm Harbor, FL 34683
(P) 727-547-4700 (F) 727-394-8661

CONSENT FOR TRANSFER OF BIOLOGICAL SPECIMEN

Florida law (Section 817.5655, Florida Statutes) prohibits the sale or transfer of a person's biological specimen from which DNA can be extracted to a third party without the express consent of such person.

During the course of your care at Alexander Orthopaedic Associates, it may be medically necessary to obtain a blood, urine, stool, tissue or other type of biological specimen for analysis. This analysis **will not** involve the examination of your DNA to identify the presence and composition of genes in your body. After the analysis has been performed and the sample is no longer needed, it will be stored as medical waste and then transferred to a third party for disposal in accordance with all local, state and federal requirements.

It may also be the case that a biological specimen (such as blood, urine, hair, bodily fluids, etc.) from you may be deposited on medical instruments, bedding, clothing or other objects. These objects may then be transferred to a third party for cleaning or disposal.

By signing this document, you affirmatively state that it is your intentional decision to consent to the transfer of any and all biological specimens collected by or deposited with Alexander Orthopaedic Associates to a third party as set forth above. This consent does not authorize the sale or transfer of a biological specimen for the purpose of DNA analysis.

Signature of Patient: _____

Printed Name of Patient: _____

Date: _____

ALEXANDER ORTHOPAEDIC ASSOCIATES
SPINE HISTORY & PHYSICAL

Room # _____
 Provider _____
 X-ray taken _____
 XR/MRI brought yes no
 Facility _____
 (for office use only)

TODAY'S DATE: 07/18/2022 _____

PATIENT NAME: _____ **AGE:** _____ **DOB:** _____

(please circle): **M** **F** Right handed Left handed **HEIGHT:** _____ **WEIGHT:** _____ **BLOOD PRESSURE:** _____

RACE/ETHNICITY (please circle): **WHITE** **HISPANIC** **AFRICAN AMERICAN** **PACIFIC ISLANDER** **OTHER** _____

PRIMARY CARE _____

PREFERRED LANGUAGE (please circle): **ENGLISH** **SPANISH** **OTHER** _____

PLEASE CIRCLE THE PROBLEM YOU ARE SEEKING TREATMENT FOR TODAY:

Neck Pain Arm Pain (R or L) Arm Numbness (R or L)
 Low Back or buttock pain Leg Pain (R or L) Leg Numbness (R or L)
 Difficulty Walking

HAVE YOU EVER HAD PROBLEMS WITH THIS AREA IN THE PAST? (please circle): **Yes** **No**

BRIEFLY DESCRIBE WHAT CAUSED YOUR SYMPTOMS

YOUR PAIN IS BEST DESCRIBED AS: (please circle)

Dull ache Sharp Burning Electric Shock

ONSET OF PAIN: How did you current symptoms start?

Injury (at work) _____ exact date of injury
 Injury (not at work) _____ exact date of injury
 Motor Vehicle Accident _____ exact date of accident
 Undetermined Other _____

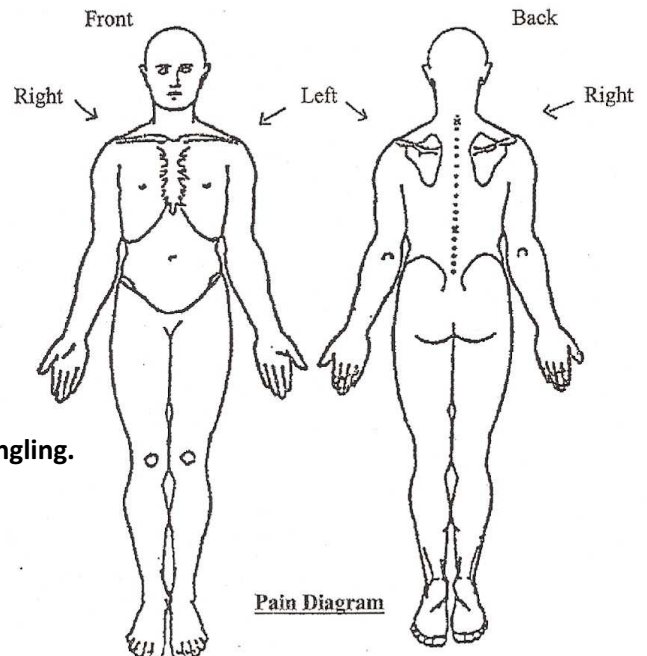
WHERE IS YOUR PAIN NOW? (Use the diagram to the right)

Place an X in the area(s) you feel the most pain.

Place an O on the body diagram where you feel numbness/tingling.

WHAT IS THE PERCENTAGE OF YOUR PAIN? (totaling 100%)

Neck _____ + Arm(s) _____ = 100%
 Back _____ + Leg(s) _____ = 100%



Pain Diagram

SEVERITY OF PAIN:

-In general, what is the intensity of your pain (circle one)?

NO PAIN 0 1 2 3 4 5 6 7 8 9 10 **WORSE POSSIBLE PAIN**

-In general, how is this problem affecting your life (circle one)?

Nuisance **Minor Problem** **Major Problem** **Catastrophe**

TIMING OF PAIN: How often do you have your pain (circle one)?

Occasionally (less than 30% of the time) **Nearly constantly** (60-95% of the time)

Intermittently (30-60% of the time) **Constantly** (100% of the time)

PATIENT NAME: _____

PHARMACY NAME: _____

ADDRESS: _____

PHONE#: _____

RELIEVING AND AGGRAVATING FACTORS: How do the following affect your pain (please check one for each item):

	IMPROVES PAIN	NO CHANGE	WORSENS PAIN
LYING DOWN			
STANDING			
SITTING			
WALKING			
EXERCISE			
COUGHING/SNEEZING			
BOWEL MOVEMENTS			

Have you had any **recent** change in bowel or bladder habits? (please circle)
No Yes (please describe) _____

Have you experienced any of the following? (please circle)
Clumsiness in your hands difficulty with buttons changes in handwriting
Changes in the way you walk unsteadiness

ACTIVITIES AND YOUR PAIN: (please circle)

-How many blocks can you walk?
Less than a block 1-2 blocks 2-5 blocks 5-10 blocks Greater than 10 blocks

-To assist walking, I use a:
Cane Walker Wheelchair No assistance device

-How long can you stand for?
5 minutes 10 minutes 30 minutes 1 hour 1 hour +

-How often during the day do you lie down because of pain?
Never Seldom Sometimes Often Constantly

-I am NOT able to perform the following activities of daily living (please circle all that apply)
Doing yard work or shopping Performing household chores Going to work
Socializing with friends Participating in recreational activities Exercising

TREATMENTS FOR YOUR SPINE TO DATE: (please circle all that apply)

Physical Therapy Tens Unit Facet Blocks Back Injections
Epidural Steroid Injections Chiropractor Medications Spine Surgery (describe below)

Date of Spine Surgery	Title of Spine Operation	Hospital

PATIENT NAME: _____

PREVIOUS SURGERIES:

PAST MEDICAL HISTORY: (please check all that apply)

- | | | |
|---|---|---|
| ☐ Arthritis | ☐ GI Disorders | ☐ Osteoporosis |
| ☐ Asthma | ☐ Heart Attack | ☐ Pacemaker |
| ☐ Bleeding Disorders/Blood | ☐ Hepatitis A, B, or C | ☐ Renal Disease |
| ☐ Clots | ☐ High Blood Pressure | ☐ Rheumatoid Arthritis |
| ☐ Cancer | ☐ High Cholesterol | ☐ Stroke |
| ☐ COPD | ☐ HIV/AIDS | ☐ Other |
| ☐ Diabetes | ☐ Liver Disease | |
| ☐ GERD | ☐ Neurological Disorders | |

ALLERGIES: (circle all that apply) **Aspirin** **Codeine** **Latex** **Penicillin** **Sulfa** **None** **Other:** _____

Reaction: _____

CURRENT MEDICATIONS (name, strength and dose):

- | | | |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |
| 7. _____ | 8. _____ | 9. _____ |

REVIEW OF SYSTEMS

Have you ever had any of these symptoms? If no, mark NONE

NONE YEAR Details/Comments

- | | | | | | | |
|----------------|---|---|---|--------------------------|-------|-------|
| 1. GI | ☐ Heartburn, Ulcers | ☐ Nausea, Vomiting | ☐ Blood in Stool | ☐ | _____ | _____ |
| 2. ENDO | ☐ Thyroid Disease | ☐ Heat or Cold Intolerance | | ☐ | _____ | _____ |
| 3. EYE | ☐ Blurred Vision | ☐ Double Vision | ☐ Vision Loss | ☐ | _____ | _____ |
| 4. ENT | ☐ Hearing Loss | ☐ Hoarseness | ☐ Trouble Swallowing | ☐ | _____ | _____ |
| 5. CV | ☐ Chest Pain | ☐ Palpitations | | ☐ | _____ | _____ |
| 6. RS | ☐ Chronic Cough | ☐ Pneumonia | ☐ Shortness of Breath | ☐ | _____ | _____ |
| 7. GU | ☐ Painful Urination | ☐ Blood in Urine | ☐ Kidney Problems | ☐ | _____ | _____ |
| 8. SK | ☐ Frequent Rashes | ☐ Skin Ulcers | ☐ Lumps ☐ Psoriasis | ☐ | _____ | _____ |
| 9. NEU | ☐ Headaches | ☐ Dizziness | ☐ Seizures ☐ Numbness | ☐ | _____ | _____ |
| 10. PSY | ☐ Depression/Anxiety | ☐ Drug/Alcohol Addiction | ☐ Sleep Disorder | ☐ | _____ | _____ |
| 11. HEM | ☐ Easy Bleeding | ☐ Easy Bruising | ☐ Anemia | ☐ | _____ | _____ |
| 12. CON | ☐ Weight Loss | ☐ Loss of Appetite | ☐ Fatigue | ☐ | _____ | _____ |

13. Are you HIV Positive? ☐ Yes ☐ No

Have you ever had Hepatitis A, B, or C? ☐ Yes ☐ No If yes what type? _____

14. Are you pregnant? ☐ Yes ☐ No

15. Are you Claustrophobic? ☐ Yes ☐ No

FAMILY HISTORY

Have any direct relatives had any of the following disorders? If so, list your relative

- | | | |
|---|--|---|
| ☐ Diabetes _____ | ☐ High Blood Pressure _____ | ☐ Rheumatoid Arthritis _____ |
| ☐ Difficulty with anesthesia _____ | ☐ Bleeding Problems _____ | ☐ None known |

SOCIAL HISTORY (please circle): **Smoking** Qty _____ **Drinking** Qty _____ **Drugs** Type/Qty _____

MARITAL STATUS (please circle): **Single** **Married** **Divorced** **Widow** **Separated**

EMPLOYMENT STATUS (please circle): **Employed** **Unemployed** **Disabled** **Retired** **Occupation** _____

Patient Assessment

The physicians at Alexander Orthopaedic Associates are concerned about your orthopaedic health and want to make sure that we are evaluating those factors which may impact your orthopaedic wellbeing. The following questions are intended to give the physicians at Alexander Orthopaedic Associates information about your general health.

Please circle the correct answer or fill in the blanks.

1. What is your height _____ weight _____ Prefer not to answer _____
2. Have you had a Bone Density Study (also known as a DEXA scan) for osteoporosis at least once since age 60?
Yes _____ No _____
If yes, in what year did you have the most recent Bone Density Study? _____
3. Have you been on medicine to treat osteoporosis? Yes _____ No _____
If yes, has it been prescribed within 12 months? Yes _____ No _____
What medicine are you taking to treat your osteoporosis? _____
4. Do you take Calcium and Vitamin D? Yes _____ No _____
5. Have you ever had a fracture of your arm, hip, or spine? Yes _____ No _____
6. Have you fallen more than twice or fallen and hurt yourself in the past year? Yes _____ No _____
7. Have you had the influenza vaccination for the current flu season? Yes _____ No _____
8. Have you ever had the pneumococcal vaccine? Yes _____ No _____
9. Do you have an Advanced Care Plan? Yes _____ No _____
10. Have you used or smoked tobacco products in the last 24 months? Yes _____ No _____
If yes, are you a tobacco smoker? Yes _____ No _____
11. Do you consume alcoholic beverages? Yes _____ No _____
If yes, how much per setting? _____ Per week? _____

Please understand that smoking and consuming alcoholic beverages can impair your general health as well as your orthopaedic health.

Please understand that smoking can impair your general health as well as your orthopaedic health.

Are you interested in quitting? Yes _____ No _____

Print name: _____

Patient signature: _____

Date: _____